

# Table of Contents

<b>Introduction .....</b>	<b>1</b>
---------------------------	----------

<b>Chapter 1: Managing the “Difficult Classroom”.....</b>	<b>5</b>
---	----------

The Difficult Classroom .....	6
10 Ways to Quiet a Classroom .....	9
20 Incentive Plans .....	10
Using Negotiation in Children-Teacher Conflicts .....	13
Problem Solving Steps for Children.....	14
Activity 1.1: Connecting.....	15
Improving Students’ Social Skills .....	16
Activity 1.2: Cooperation Game.....	17
Activity 1.3: Center Time .....	18
Tips for Surviving a Difficult Classroom .....	19
Survival Skills for the Classroom Teacher .....	20

<b>Chapter 2: Attention Seekers.....</b>	<b>21</b>
--	-----------

Helpful Hints for Dealing with Attention Seekers .....	22
17 Positive Interventions for Dealing with Attention Seekers .....	23
ADD/ADHD .....	25
Teaching Students with Attention Deficit Disorder .....	26
Gossipers / Tattlers .....	28
Helpful Hints for Dealing with Gossipers and Tattlers .....	29
Strategies for Dealing with Tattling .....	30
“SHARE” With Attention-Seeking Students .....	34
Activity 2.1: Refuse the Gossip Game .....	35
Activity 2.2: GOSSIP .....	36
Activity 2.3: No Fighting Game .....	37
Activity 2.4: Solving Problems By Myself .....	39
Reproducible Worksheet: Solving Problems By Myself .....	40
Activity 2.5: Solving Problems Baseball Game .....	41
Activity 2.6: Line It Up .....	43
Activity 2.7: Go Fishing .....	44
Activity 2.8: Crater Cross .....	46
Activity 2.9: Talking Behind Your Back.....	47
Activity 2.10: Duck, Duck Friend .....	48
Activity 2.11 What I Can Do Book .....	49
Activity 2.12: Musical Dress Up .....	50
Activity 2.13: Musical Moves .....	51
Class Clowns.....	52
Helpful Hints for Dealing with Class Clowns .....	54
Activity 2.14: The Clown Game.....	55
Activity 2.15: Attention Circles .....	56

## *Chapter 3: Manipulators.....57*

Interventions When the Student's Need is Power .....	58
Truth Benders .....	59
Helpful Hints for Dealing with Truth Benders.....	61
Activity 3.1: Lies .....	63
Activity 3.2: What If? .....	64
Activity 3.3: Yes or No Game.....	65
Activity 3.4: Shoot the Hoop .....	66
Activity 3.5: Stick Together .....	67
Game Players .....	69
Becoming Game-Wise .....	71
Restructuring Student Games .....	73
Activity 3.6: Match It Up .....	74
Activity 3.7: Stop the Behavior Game .....	75

## *Chapter 4: Hostile Students.....76*

Nine Tips on Being Angry and Fighting Fair .....	77
How to Handle Conflicts Constructively .....	78
Building a Cooperative Community .....	79
Teaching Students Appropriate Social Skills .....	80
Enabling Students to Communicate Effectively .....	82
Activity 4.1: Sunshine Game.....	88
Activity 4.2: Monster Game .....	89
Activity 4.3: Clowning Around Game.....	90
Encouraging Students to Become Helpers .....	91
Glasser's Sevens .....	92
20 Extinguishers .....	93
Activity 4.4: Ticket Out of Town.....	95
Anger Oasis .....	96
Unique Strategies for Dealing with the Angry / Aggressive Student .....	97
Suggestions for Handling Hostility in Students .....	100
Utilizing Sports' Terminology to Help Diffuse Aggressive, Hostile & Angry Students ..	102
Reproducible Worksheet: Sports Talk 101 .....	105
Reproducible Worksheet: The 10 Hardest Things to do in Sports .....	106
Reproducible Worksheet: The Sports Page .....	107
Sherman Tanks.....	108
Activity 4.5: Non-Violent Alternatives to Fighting .....	111
Activity 4.6: Anger Pictures .....	112
Snipers .....	113
Helpful Hints for Dealing with Snipers .....	115
Activity 4.7: Chip Away .....	116
Activity 4.8: Home Run City .....	117
Exploders .....	118
Helpful Hints for Dealing with Exploders .....	121
Activity 4.9: Deflate the Teaser's Balloon .....	122

“DEFLATE” Your Anger .....	123
Activity 4.10: Killer Statements Hurt .....	124
Win / Win Guidelines for Conflict Resolution .....	125
The Process of Crisis Intervention .....	126
Crisis Management .....	127
Immediate Post-Trauma Debriefing .....	128
<b>Chapter 5: Apathetic Students .....</b>	<b>129</b>
Helpful Hints for Dealing with Apathetic Students .....	130
Unmotivated Students .....	131
8 Ways to Increase Motivation in the Classroom .....	134
Practical Tips for Motivating Students .....	135
Motivation Systems Theory.....	137
Mystery Motivators .....	138
Principal’s Round Table .....	141
People Become Motivated When Their Basic Needs Are Met .....	143
Research on Strategies for Motivating Students .....	144
Reproducible Worksheet: Underachievement Checklist .....	145
Ten Gifts That Will Help Students Feel More Positive About Themselves .....	146
Ways to Say, “Good for You!” .....	147
Famous People Who Survived Difficult Times .....	148
Activity 5.1: Toilet Paper in the “I Can” .....	150
Activity 5.2: Kickoffs For Success .....	151
Reproducible Worksheet: Goal Setting.....	152
Other Affirming Activities .....	153
Daydreamers .....	154
Activity 5.3: Beat the Clock.....	156
Activity 5.4: One-Track Mind .....	157
Activity 5.5: Belonging .....	158
<b>Chapter 6: Trends in the Home.....</b>	<b>159</b>
Abuse and Violence in the Home .....	160
Television, Computers, Video Games .....	161
Health, Nutrition, Exercise, Sleep .....	164
Parenting in the 2000’s .....	166
Families, Marriage and Divorce .....	168
Bridging the Gap Between Home & School.....	170
Education Over the Years .....	171
<b>References.....</b>	<b>172</b>

# THE DIFFICULT CLASSROOM

## ***Characteristics:***

A difficult classroom may be:

- Overwhelming
- Crisis centered and primarily reactive
- Overly noisy
- Hostile
- Violent
- Disrespectful
- Ambivalent
- Chaotic
- Unfriendly
- Nonaccepting
- Unresponsive

## ***Underlying Causes:***

### **1. School System**

- Lack of heterogeneous grouping
- Disproportionate number of dysfunctioning students
- Lack of support personnel for the class
- Lack of emphasis on cooperative learning
- Lack of staff teamwork
- Physical environment of the classroom
- Overcrowded class
- Toxic grouping - class group does not gel for unforeseen reasons
- Teacher lacks:
  - A. Information
  - B. Skills
  - C. Confidence
  - D. Objectivity

### **2. Family and/or Community**

- Sociological and cultural issues
- Family issues
- Multilingual grouping
- Unrest
- Violence
- Life style (e.g., substance abuse)
- Impoverishness (inadequate medical, safety, nutrition, or emotional support)

### **3. Extraneous Circumstances**

- Time of year - stress and excitement of holidays and end of school year
- Weather conditions
- Political & economic state of the country or region

# 10 WAYS to Quiet the Classroom

- ① *Raise your hand in the air.*
- ② *Count to 3 or to a particular number.*
- ③ *Have students raise one hand.*
- ④ *Use the touchdown method.*
- ⑤ *Ring a bell.*
- ⑥ *Dim the lights.*
- ⑦ *Be silent.*
- ⑧ *Sing a song.*
- ⑨ *Talk softly.*
- ⑩ *Do something unusual.*

# CONNECTING\*

Activity 1.1

**Purpose:**

To encourage children to build friendships with others in the classroom.

**Procedures:**

1. Divide the class into groups of four people.
2. One person is asked to lie down on a large sheet of paper.
3. Draw an outline around the student's body.
4. The group then lists on each of the body parts things that they have in common.  
For example:

**Head** - things we like to think about

**Eyes** - things we like to see

**Ears** - things we like to hear/listen to

**Mouth** - things we like to talk about

**Stomach** - things we like to eat

**Heart** - things we feel strongly about

**Hands** - things we like to make

**Shoulders** - problems we have

**Feet** - places we've gone and would like to go

5. These pictures can be shared with the larger group.

**Follow-Up:**

- Encourage each group to discuss why it is important to talk about how people are similar to each other.
- Have the class discuss the importance of accepting the things that are different between people.