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Lesson 12: Bully or Bossy?

Overview

This lesson helps children differentiate between being bossed and being bullied, an important distinction. The lesson incorporates a fun game to help them learn the difference, as well as what to do in each situation.

Grade Level

3rd

Materials

- Index cards, one for each student
- BULLY and BOSSY signs

Time Needed

30 minutes

Objectives

- Students will learn the hand sign for bully.
- Students will identify examples of both being bullied and being bossed.
- Students will develop strategies to handle both bullies and bossy friends.

Procedures

- Teach students the hand sign for bully. Remind them of last month's signs, respect for self and others, and lead a short discussion on how respect relates to today's lesson on bullies.
- Give students an index card and ask them to write four examples of bossy behavior on one side and four examples of bully behavior on the other. Put some specific examples on the board to get them started thinking such as: wanting to be first all the time; telling you who you should play with; always wanting to be the leader in a game; pushing you down in line, etc.



Lesson 27: Am I Being Fair?

OUR EXPECTATIONS OF OUR FRIENDS

FAIR OR UNFAIR?

The following are some expectations we may have of our friends. Put an “F” beside the ones you think are Fair and a “U” beside the ones you think are Unfair.

- _____ **1. Friends should always be in a good mood.**
- _____ **2. All my friends have to play with me everyday.**
- _____ **3. Friends treat each other with respect.**
- _____ **4. Friends play with different people some days.**
- _____ **5. My friends have to smile at me every time they see me.**
- _____ **6. My friends should always pay attention to me when I am around.**

CUMULUS THE CLOUD GETS ANGRY*



Once there was a little white cloud named Cumulus. He loved to float all over the sky and watch little boys and girls playing down below. One day he was floating along and a bigger cloud just flew by and bumped right into him. It didn't really hurt, but it made him mad because the big cloud did not ever say he was sorry!

Cumulus began getting madder and madder just thinking about it, and he realized he was heading for trouble. For you see, when Cumulus got really angry he turned into Cumulonimbus, the thundercloud. When this happened he got very loud and scary, and sometimes he even caused people to get wet. One time when he was very mad and made a loud thunder noise he saw a



STUDY SKILLS/ SCHOOL ATTITUDE

When students have a positive, “I can” attitude in school they want to learn and therefore achieve success. There are many reasons why a student does not come to the classroom with this attitude, and there are many ways to help him or her improve in this area. Sometimes parents are intimidated or defensive about a child’s academic setting, and this is sensed by the child and carried into the classroom. Sometimes a child is all too aware of his or her weaknesses, therefore never noticing the strengths that can be used to help him or her succeed. The following lessons focus on basic skills and attitudes that can help all children learn.

Hand Sign* for this lesson (Pre-K and Kindergarten):

LISTEN Hold right hand up to right ear with thumb, index finger, and middle finger up, the rest of the fingers curled in. Bend the extended middle and index fingers down two times, like you are bringing sound to the ear.



Hand Signs* for this lesson (1st – 5th grades):

STUDY Hold left hand open in front of chest, palm facing up. Move the right hand, palm facing down toward the open left hand as you wiggle the fingers of the right hand.



SKILL Hold the little finger side of the left open hand with the curved right fingers. Pull the right hand forward while closing the fingers of the left hand into the palm.



SCHOOL Tap the fingers of the right open hand, palm facing down on the left open hand, palm facing up.



ATTITUDE Make a fist with right hand, thumb sticking up. Placing hand in front of the heart, make a circular motion with the thumb around the heart, ending with the thumb against the chest.



**Adapted from Costello, Elaine. Concise American Sign Language Dictionary. Random House. 2000.*