

By Marianne Vandawalker

About the Author

Marianne Vandawalker spent the first 20 years of her career as a special reading teacher and classroom teacher. She then became a counselor and completed the next 20 years of her educational career in that field. Upon retirement she began submitting the ideas she had successfully used in working with individual students and with large and small groups for publication.

Originally from the state of North Carolina, Marianne now lives in South Carolina and continues to share ideas with educators.

Other published works by Marianne Vandawalker

Year-Round Classroom Guidance Games & CD
More Career Fun & CD
Conquering Bullies
What Color Are Tears
Study Skills Fun & CD



Softcover ISBN: 978-1-57543-312-7

COPYRIGHT © 2016 MAR*CO PRODUCTS, INC.

Published by Mar∗co Products, Inc. 214 Kale Road

New Bern, NC 28562 Phone: 1-800-448-2197 Fax: (215) 956-9041

http://www.marcoproducts.com

Graphic images from http://www.123rf.com

PERMISSION TO REPRODUCE: The purchaser may reproduce the game cards and activity pages free and without special permission, for participant use for a particular group or class. <u>REPRODUCTION OF THESE MATERIALS FOR COLLEAGUES, AN ENTIRE SCHOOL OR SCHOOL SYSTEM, OR FOR COMMERCIAL SALE IS STRICTLY PROHIBITED.</u>

ALL RIGHTS RESERVED. This book is protected by copyright. Except as provided above, no part of this book may be reproduced or transmitted in whole or in part in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage or retrieval system without permission in writing by the publisher.

PUBLISHER'S NOTE: This publication is sold with the understanding that the publisher is not engaged in rendering psychological or other professional services. If expert assistance or counseling is needed, the services of a competent professional should be sought. Care has been taken to confirm the accuracy of the information presented and to describe generally accepted practices. However, the author, editors, and publisher are not responsible for errors or omissions or for any consequences from application of the information in this book and make no warranty, express or implied, with respect to the contents of the publication. Mar*co Products, Inc. is not responsible for the content of websites referenced in our publications. At the time of this book's publication (2016), all facts and figures cited are the most current available. If you find an error, please contact Mar*co Products, Inc.

To purchase additional copies of this book or request a catalog, call our customer service department at 1-800-448-2197.

Printed in the U.S.A.

Contents

Introduction	7
Instructions for Using the CD	7
August/September: Study Skills/Beginning of the School Year	a
ASCA Standards for August/September	0
Grades K–1:Remember the School Backpack	10
Grades 2–3: Pack My School Backpack	
My School Backpack (Reproducible on CD)	14
Grades 4–5: School Backpack Helper Plan	
School Backpack Helper Plan (Reproducible on CD)	18
October: Conflict Resolution	21
ASCA Standards for October	21
Grades K-1: Trick or Treat	22
Trick or Treat Acting Out Cards (Reproducible on CD)	24
Grades 2–3: "Discovering" Conflict Resolution	26
"Discovering" Conflict Resolution (Reproducible on CD)	29
Grades 4–5: Bones of Contention	
Bones of Contention (Reproducible on CD)	
November: Resolving Problems ASCA Standards for November Grades K–1: Turkey's Trouble.	35
ASCA Standards for November PRODUCTS INC	35
Grades K–1. Turkey's Trouble	36
Turkey's Trouble (Reproducible on CD)	38
Grades 2–3: Let's Talk Turkey	39
Let's Talk Turkey (Reproducible on CD)	
Grades 4–5: Neighborly Native Americans	
"Catch" Your Problems (Reproducible on CD)	
December: Kindness & Goodwill	
ASCA Standards for December	
Grades K–1: Candy Cane Pointers	
Candy Cane Pointers (Reproducible on CD)	
Grades 2–3: Selfless Snowman	51
Selfless Snowman (Reproducible on CD)	
Grades 4–5: The Gift of Kindness	
The Gift of Kindness (Reproducible on CD)	56
January: Making Responsible Decisions	59
ASCA Standards for January:	
Grades K–1: Snowball Consequences	
Good Choice or Poor Choice? Cards (Reproducible on CD)	
Snowballs (Reproducible on CD)	
Grades 2–3: Snowman Creation	00
Grades 4–5: Light Up the New Year	
Light Up Your New Year (Reproducible on CD)	7 1 73

February: Anger Management	75
ASCA Standards for February	75
Grades K–1: Pass My Valentine	
Calm Valentine (Reproducible on CD)	
Angry Valentine (Reproducible on CD)	
Pass My Valentine Situations (Reproducible on CD)	80
Grades 2–3: Cupid's Arrow	81
Angry Cupid (Reproducible on CD)	
Calm Cupid (Reproducible on CD)	84
Cupid's Arrow Situation Cards (Réproducible on CD)	85
Grades 4–5: "Puzzling" Valentines	87
"Puzzling" Valentines (Reproducible on CD)	90
March: Bullying	93
ASCA Standards for March	
Grades K-1: Shamrock Hope	94
Shamrock (Reproducible on CD)	
Shamrock Cards (Reproducible on CD)	97
Grades 2–3: Pot of Gold	100
Pot of Gold (Reproducible on CD)	102
Grades 4-5: A Rainbow of Hope	103
A Rapbow of Hope (Reproducible on CD)	
April: Listening & Focusing Skills	107
ASCA Standards for April DDODLICTC	107
Grades K-1: Bunny Hop	108
Bunny Hop Listening Directions (Reproducible on CD)	110
Grades 2–3: Flower Power	
Spring Into Flower Power Directions (Reproducible on CD)	
Grades 4–5: Egg Hunt	
Eggs (Reproducible on CD)	
May: Spring Into Test-Taking & School Success	
Lessons: ASCA Standards for May	
Grades K-1: Brain Power	
Grades 2–3: Grow a Flower of Skills	
Test-Taking Flower Power (Reproducible on CD)	
Grades 4–5: Boosting Your Grades Butterfly	
Boosting Your Grades Butterfly (Reproducible on CD)	128
June/July: Setting & Achieving Goals	
ASCA Standards for June/July:	
Grades K–1: Let's Go Fishing	
Fishing for Goals (Reproducible on CD)	
Numbered Fish (Reproducible on CD)	
Numbered Goal Sheet (Reproducible on CD)	136
Grades 2–3: Floating into Goals	
Goals River (Reproducible on CD)	
Grades 4–5: Scoring Goals	
Scoring Your Goals (Reproducible on CD)	144

Conflict Resolution

Lessons:

K-1 Trick or Treat

2-3 "Discovering" Conflict Resolution

4-5 Bones of Contention





PRODUCTS, INC.

ACADEMIC DEVELOPMENT

Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.

A:A3 Achieve School Success

A:A3.1 Take responsibility for their actions

PERSONAL/SOCIAL DEVELOPMENT

Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

- PS:A1 Acquire Self-Knowledge
- PS:A1.5 Identify and express feelings
- PS:A1.6 Distinguish between appropriate and inappropriate behavior
- PS:A1.8 Understand the need for self-control and how to practice it

Standard B: Students will make decisions, set goals and take necessary action to achieve goals.

- PS:B1 Self-Knowledge Application
- PS:B1.4 Develop effective coping skills for dealing with problems

PROBLEMS AND CONSEQUENCES: Bones of Contention REACTION FEELING REACTION FEELING **REACTION FEELING** RETALIATION RETALIATION **EALIATION** FEELING **RETALIATION RETALIATION RETALIATION** CONSEQUENCE CONSEQUENCE CONSEQUENCE **A POSITIVE RESOLUTION!** 33 Monthly Motivating Classroom Guidance Lessons © 2016 Mar∗co Products, Inc. 1.800.448.2197



Purpose:

To have students practice making responsible decisions as they make New Year's Resolutions

Materials Needed:

For the Leader: □ Board, flip chart, or Interactive White Board (IWB) to write on
For each student: Light Up Your New Year (page 73 or CD) Pencil
Lesson Preparation: PRODUCTS, INC.

Using Light Up Your New Year as a guide, draw a simple version of the activity sheet on the board/chart paper or display the Light Up Your New Year.pdf on an IWB.)

Gather any other necessary materials.

Procedure:

Begin the lesson by asking the students:

We are beginning a new year. Many people like to make New Year's resolutions. A New Year's resolution is a promise to improve something about yourself or do something nice for others. What are some things you plan to improve on in (YEAR)? (grades, relationships, behavior, etc.)

Who or what can help you accomplish this goal? (admitting there's something that needs improvement, making a plan to reach your goal, asking someone to help you reach your goal, etc.)

Give each student a copy of *Light Up Your New Year* and (if necessary) a pencil. Then say:

I will ask you to write on your *Light Up the New Year* activity sheet three goals for self-improvement. I will then ask you to think of someone or something



Cupid's Arrow Situation Card

You hate your haircut. When you go to school, some kids make fun of it.

Cupid's Arrow Situation Card

Your painting didn't win the art contest.

CUPID'S ARROW SITUATION CARD

MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS. INC

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC

Cupid's Arrow Situation Card

You make a mistake when reading outloud in class. Some of the kids start to laugh.

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC

Cupid's Arrow Situation Card

You are drawing a picture. A classmate grabs it, holds it up, and makes fun of your drawing.

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC

Cupid's Airow Situation Card

A kid grabs a letter the teacher has written to your parents and reads it out loud on the school bus.

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC

Cupid's Arrow Situation Card

You share a family secret with your best friend. Your best friend tells your secret to someone who tells the other kids.

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC

Cupid's Arrow Situation Card

Someone hides your lunch.

Cupid's Arrow Situation Card

When you turn in your homework, the teacher says you completed the wrong assignment.

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC.

Cupid's Arrow Situation Card

At recess, your best friend ignores you and plays with other kids.

Cupid's Arrow Situation Card

Someone leaves a present on your desk. When you open it, the box is filled with mud and dirt.

CUPID'S ARROW SITUATION CARD MONTHLY MOTIVATING CLASSROOM GUIDANCE LESSONS © MARCO PRODUCTS, INC. **CUPID'S ARROW SITUATION CARD**

