

# COUNSELING ON THE WALL!

Easy-To-Make Bulletin Boards  
To Reinforce Your Valuable  
Guidance/Classroom Lessons

By Rosanne Sheritz Sartori



# Dedication

This book is dedicated to Arden Martenz, publisher of Mar\*co Products. I can't thank her enough for giving me the opportunity to be an author. Arden recognized that my ideas might be useful to other counselors looking for ways to reach and teach children. What's more, she's always willing and ready to take on another big project! She deserves an award for the impact she's made in the field of school counseling. But since neither Oscars nor Emmys are awarded in our field, she might have to settle for my thanks.

I also want to thank my husband Glenn. He's a wonderful sounding board and editor who should be given an honorary degree in counseling. He has heard it all and always gives me an honest opinion.

## Counseling On The Wall!

**Easy-To-Make Bulletin Boards To Reinforce Your Valuable Guidance/Classroom Lessons**

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# Introduction

Being an elementary counselor is a demanding job. Classroom guidance lessons, small groups, individual counseling, meetings, and conferences make counselors wish we had super powers. And on top of all our other job demands, that blank bulletin board is awaiting transformation into a work of art.

*Counseling On The Wall!* has come to your rescue! In this book, you'll find easy-to-implement ideas to dress up a blank bulletin board—whether you only have a few minutes to post a few meaningful quotations or time to create a showy display. The quotes used in this book are credited to the famous people whose words have inspired all of us. Those without a credit were written by someone who worked as an educator for 30 years—ME!

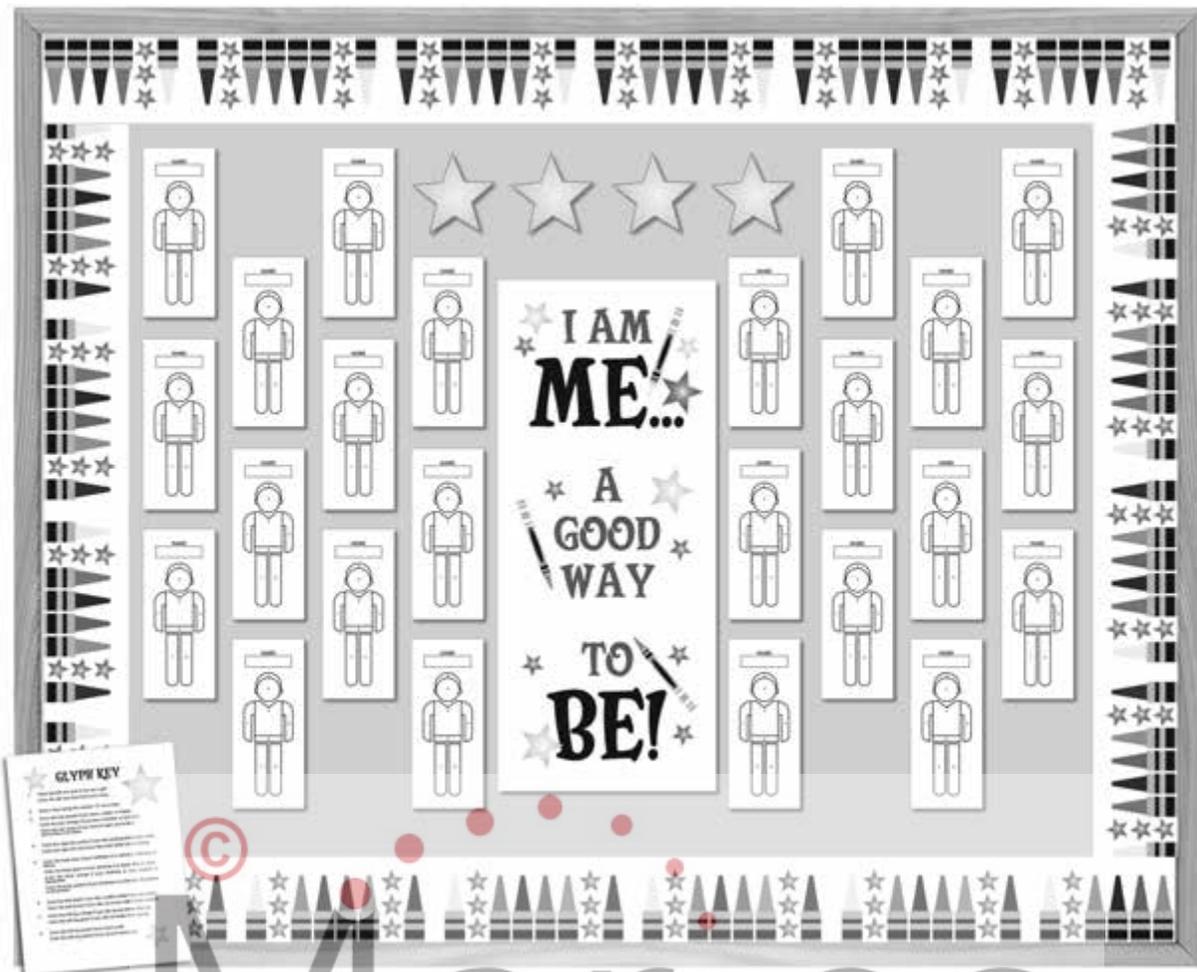
Each bulletin board's reproducible components are provided in PDF format on the included CD (see inside back cover). Simply print and, if necessary, cut out/apart the required pieces. Each bulletin board's PDF file folder also contains a sample color board. Based on a 5' x 4' bulletin board, these designs can be modified to accommodate smaller or larger boards. Background colors, borders, and layout are only suggestions. Mix the components from different samples to create unique, meaningful boards.

Maybe you're getting ready for a school open house or parent-teacher conferences and you'd like to create an eye-catching display. Showcasing every child's work can be time-consuming, but quite impressive. Don't be confined by the bulletin board's borders. Extend your display to the wall surrounding the board.

Bulletin board ideas and mini-posters are divided into 14 units spanning the National Standards, which the American School Counselor Association believes to be the essential elements of a quality and effective school-counseling program. Creating these bulletin boards will reinforce your school's guidance program and help assure your compliance with the ASCA National Standards.

*Rosanne Sheritz Sartori*

# I AM ME...A GOOD WAY TO BE!



SAMPLE BOARD IS BASED ON A 5' WIDE X 4' TALL BULLETIN BOARD

**Objective:** To help the student develop positive attitudes toward him/herself as a unique and worthy person and learn to identify personal strengths and assets

(Note: This bulletin board uses glyphs. A *glyph* is a symbol that conveys information without words. This project provides a fun way for students to share information about themselves and reinforces the idea that each person is special and unique. It's a great accompaniment to a guidance lesson about being special and unique.)

**Time:** One 40-60 minute class period

## **Materials Needed:**

### **For the leader:**

- Red mural paper for the bulletin board background
- Optional: Board 3 Crayon Border* cut in half (included on CD)
- Board 3 Title* (included on CD) or make the title from purchased bulletin board letters
- Optional: Board 3 Star Patterns* cut out (included on CD)
- Board 3 Glyph Key* (included on CD)
- White and/or colored paper for printing copies, preferably medium-weight
- Scissors
- Stapler and staples or glue

### **For each student:**

- Board 3 Paper Doll Glyph Shape* (included on CD)
- Crayons, markers, or colored pencils

## **Pre-Presentation Preparation:**

Cover the bulletin board with red mural paper.

*Optional:* Print enough copies of the *Board 3 Crayon Border* to frame the bulletin board. Cut the borders in half. Staple or glue the border to the bulletin board (see sample board).

Print *Board 3 Title*. Staple or glue the title to the bulletin board (see sample board).

Print and cut apart *Board 3 Paper Doll Glyph Shapes*.

Print the *Board 3 Glyph Key*.

*Optional:* Print copies of the *Board 3 Star Patterns*. Cut out the stars to decorate the board (see sample board).

## **Directions:**

Tell the students you're going to put up a bulletin board that will show how special they are.

Each student writes his/her name in the rectangle above the *Paper Doll Glyph Shape*. Using the *Glyph Key*, read the number and directions aloud. Give the students time to follow the directions.

# SHOOT FOR THE MOON



SAMPLE BOARD IS BASED ON A 5' WIDE X 4' TALL BULLETIN BOARD

**Objective:** To help students learn the importance of establishing challenging academic goals

**Time:** One 40-60 minute class period

### Materials Needed:

**For the leader:**

- Dark blue mural paper for the bulletin board background
- Optional: Board 10 Space Border* cut in half (included on CD)
- Board 10 Rocket* cut out (included on CD)

- Board 10 Moon* cut out (included on CD)
- Board 10 Goal Setting Stars* cut out (included on CD)
- White and/or colored paper for printing copies, preferably medium-weight
- Stapler and staples or glue
- Scissors

### ***Pre-Presentation Preparation:***

Cover the bulletin board with dark blue mural paper.

*Optional:* Print enough copies of the *Board 10 Space Border* to frame the bulletin board. Cut the borders in half. Staple or glue the border to the bulletin board (see sample board).

Print *Board 10 Rocket* and cut it out. Staple or glue the rocket to the bulletin board (see sample board).

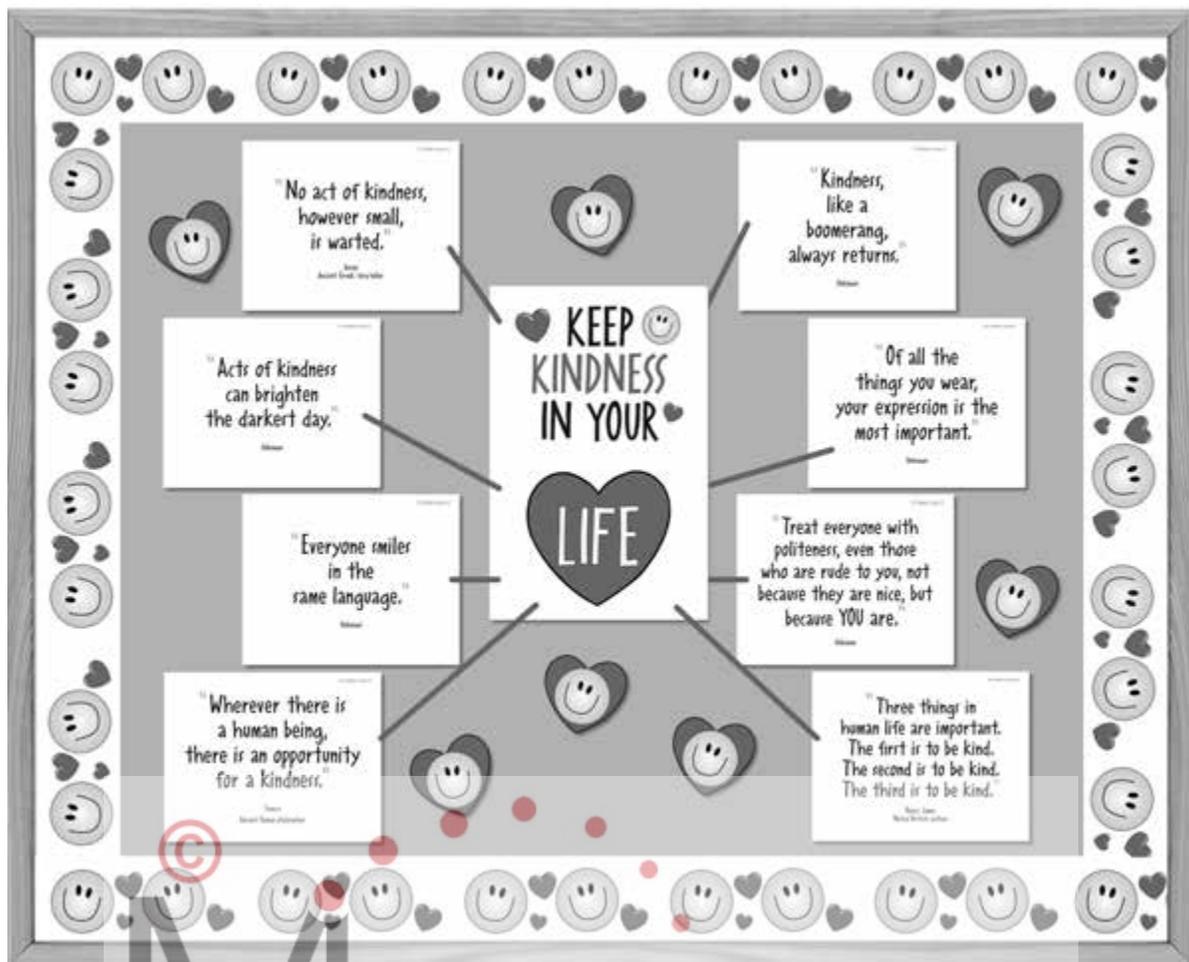
Print *Board 10 Moon* and cut it out. Staple or glue the moon to the bulletin board (see sample board).

Print *Board 10 Goal Setting Stars* and cut them out. Staple or glue the stars to the bulletin board (see sample board). (*Note:* Feel free to add your own goal-word suggestions on blank stars.)

### ***Directions:***

Review the goal words on the bulletin board and have each student select one as his/her personal goal.



**KEEP KINDNESS IN YOUR LIFE**

SAMPLE BOARD IS BASED ON A 5' WIDE X 4' TALL BULLETIN BOARD

**Objective:** To help students understand that kindness is a crucial ingredient in creating a positive school environment

**Time:** One 40-60 minute class period

**Materials Needed:****For the leader:**

- Blue mural paper for the bulletin board background
- Optional: Board 23 Smile Heart Border* cut in half (included on CD)
- Board 23 Title* (included on CD) or make the title from purchased bulletin board letters
- Selected *Board 23 Kindness Quotations* (included on CD)

- Optional: Board 23 Smiles Hearts* cut out (included on CD)
- White and/or colored paper for printing copies, preferably medium-weight
- Stapler and staples or glue
- Scissors
- Optional: Yarn*

### ***Pre-Presentation Preparation:***

Cover the bulletin board with blue mural paper.

*Optional:* Print enough copies of the *Board 23 Smile Heart Border* to frame the bulletin board. Cut the borders in half. Staple or glue the border to the bulletin board (see sample board).

Print *Board 23 Title*. Staple or glue the title to the bulletin board (see sample board).

Print the desired number of quotations. Staple or glue the quotations around the title (see sample board).

*Optional:* Print and cut out *Board 23 Smiles Hearts* to decorate the board (see sample board).

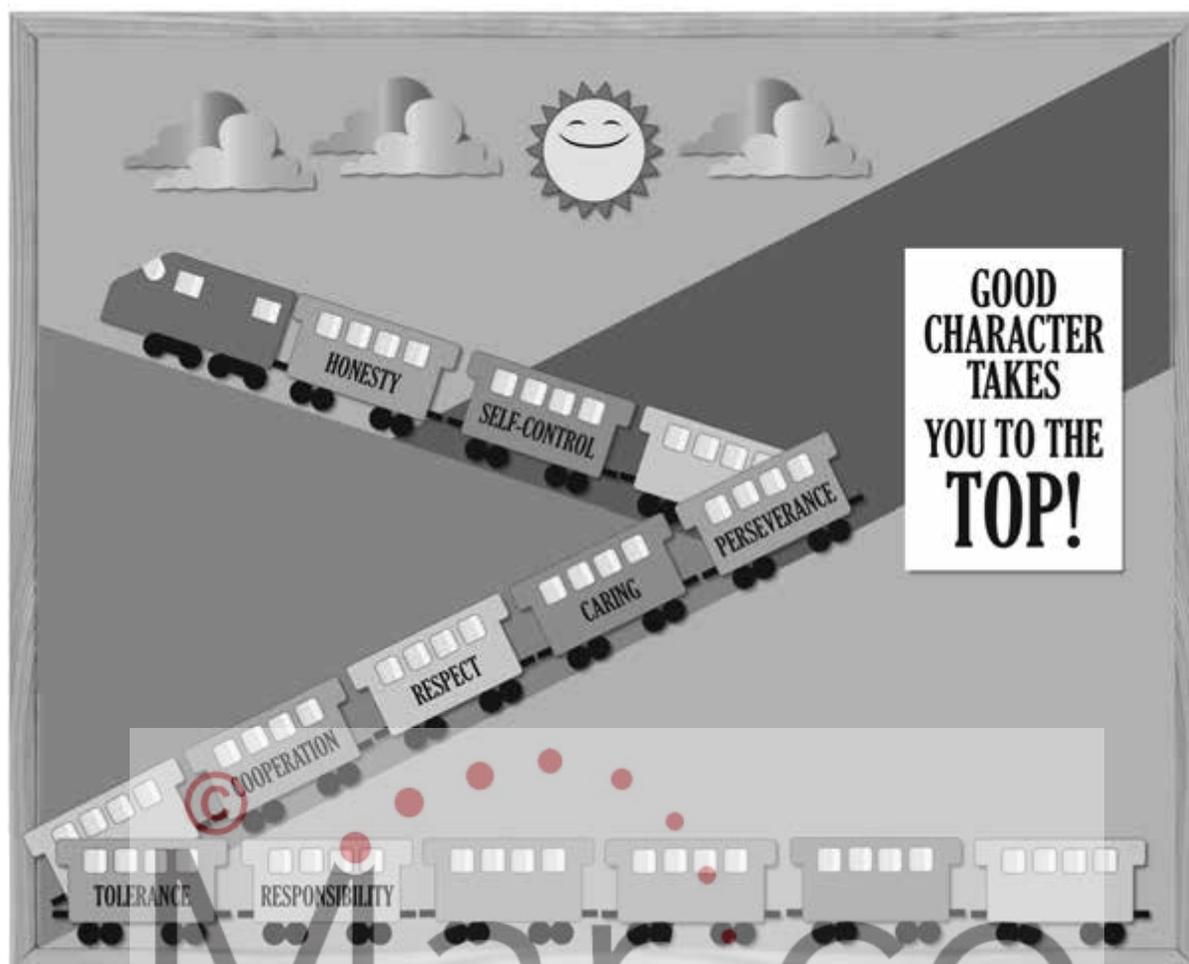
*Optional:* Stretch yarn from the title to each quotation.

### ***Directions:***

Review the quotations with the students. Ask each student to share his/her favorite quotation and explain why he/she chose it.



# GOOD CHARACTER TAKES YOU TO THE TOP!



SAMPLE BOARD IS BASED ON A 5' WIDE X 4' TALL BULLETIN BOARD

**Objective:** To help students understand that good character will help them succeed in school

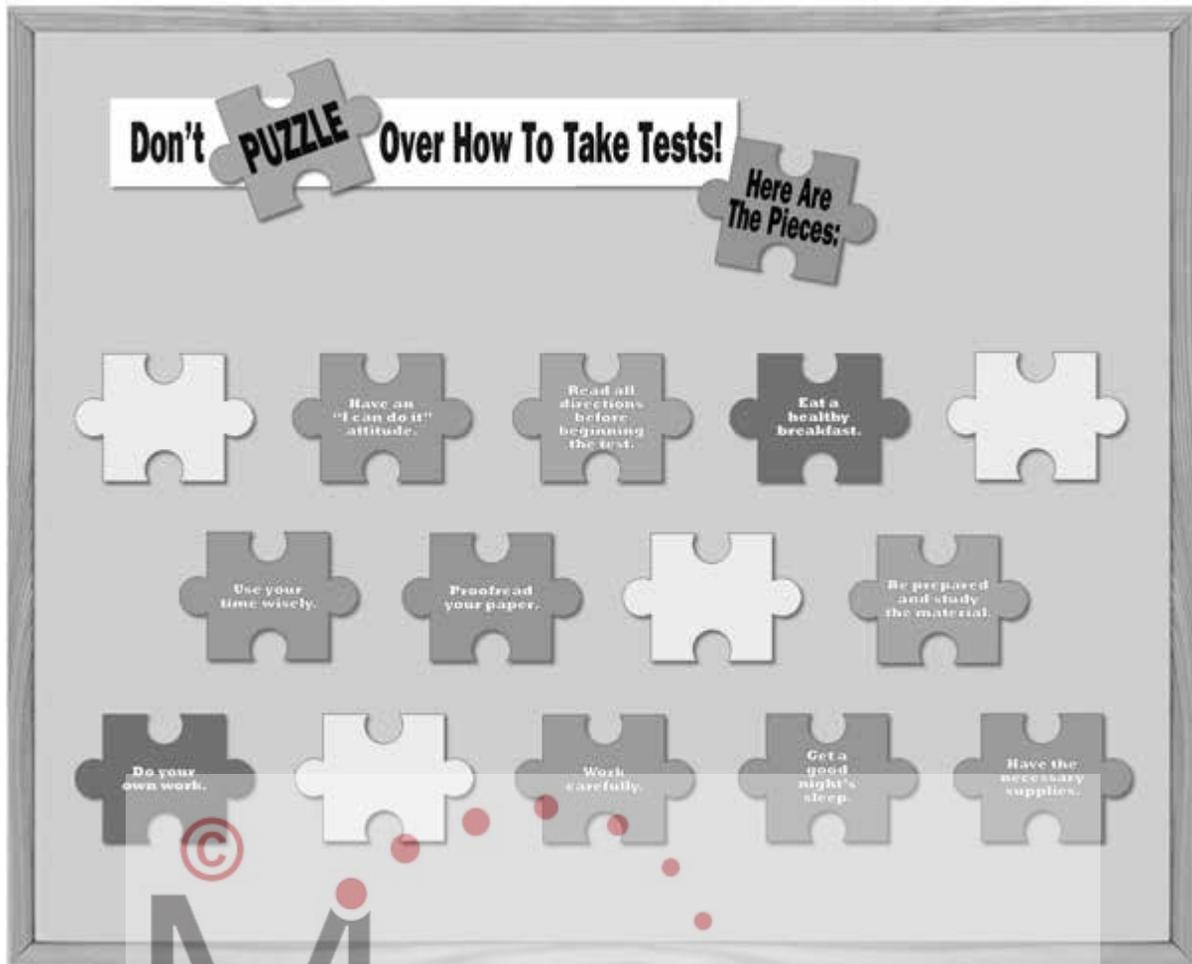
**Time:** One 40-60 minute class period

### **Materials Needed:**

#### **For the leader:**

- Blue and shades of green or brown mural paper for the bulletin board background
- Board 51 Title* (included on CD) or make the title from purchased bulletin board letters

BULLETIN BOARD #54      UNIT 12 – STUDY AND TEST-TAKING SKILLS  
**DON'T PUZZLE OVER HOW TO TAKE TESTS**



SAMPLE BOARD IS BASED ON A 5' WIDE X 4' TALL BULLETIN BOARD

**Objective:** : To help students identify habits that will improve their test-taking abilities

**Time:** One 40-60 minute class period

**Materials Needed:**

**For the leader:**

- Gold mural paper for the bulletin board background
- Board 54 Title* cut in half/cut out (included on CD) or make the title from purchased bulletin board letters
- Board 54 Puzzle Pieces* cut out (included on CD)

THE FOLLOWING SAMPLES  
ARE REPRODUCIBLE/PRINTABLE PAGES  
INCLUDED ON THE CD-ROM

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★



**WHEN  
WE WORK  
TOGETHER**

**THE  
PIECES  
FIT!**

**DO  
YOUR  
PART**

**COMPROMISE**

**SHARE**

**TAKE  
TURNS**

**RESPECT  
ONE  
ANOTHER**

**WORK  
TOGETHER**

**COMMON  
GOAL**

**LISTEN**

**VOTE**

**AGREE**



© **COMPROMISE**  
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**SHARE**

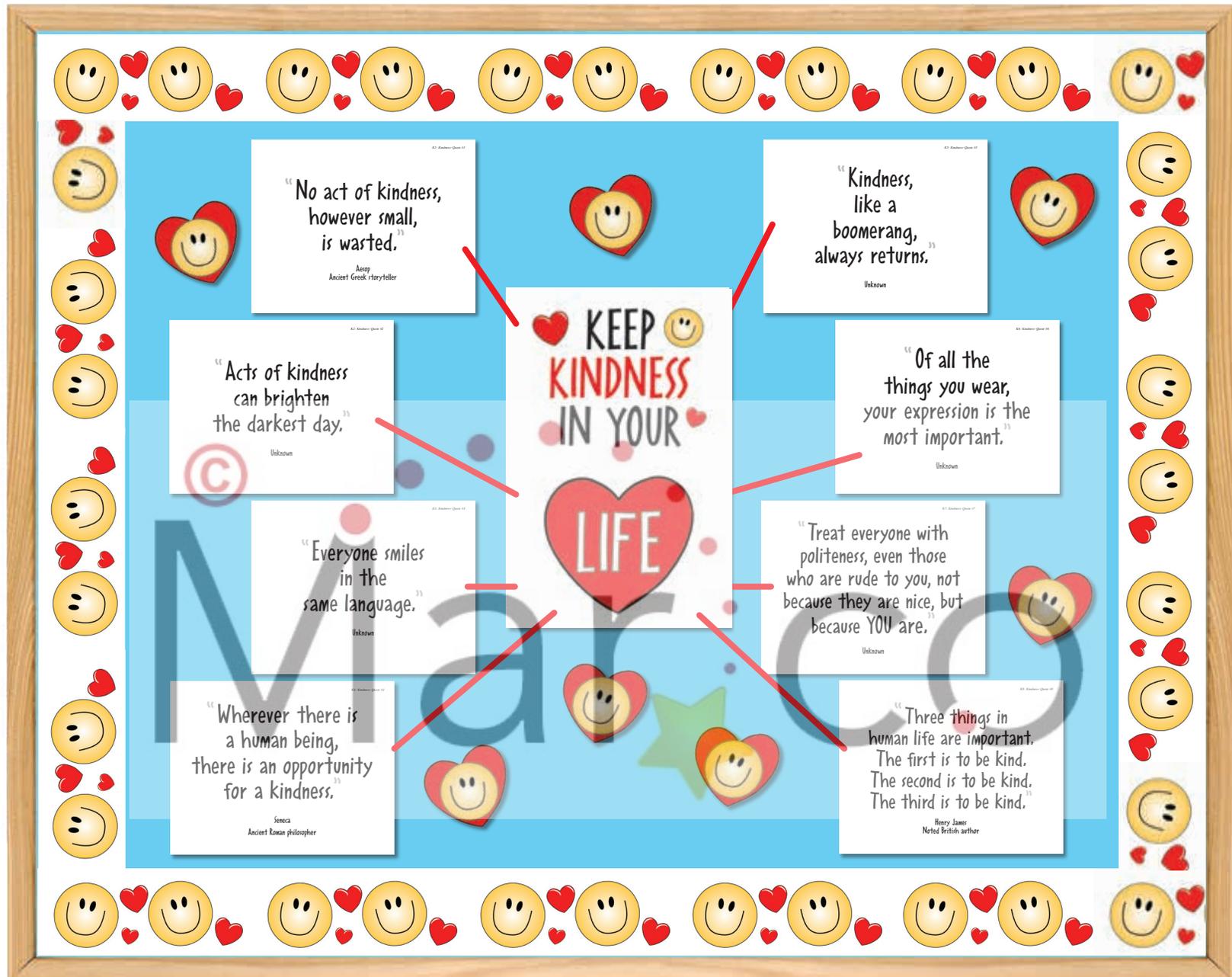
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**WHEN**

**WE WORK**

**TOGETHER,**



"No act of kindness, however small, is wasted."

Aesop  
Ancient Greek storyteller

"Kindness, like a boomerang, always returns."

Unknown

"Acts of kindness can brighten the darkest day."

Unknown

"Of all the things you wear, your expression is the most important."

Unknown

"Everyone smiles in the same language."

Unknown

"Treat everyone with politeness, even those who are rude to you, not because they are nice, but because YOU are."

Unknown

"Wherever there is a human being, there is an opportunity for a kindness."

Seneca  
Ancient Roman philosopher

"Three things in human life are important. The first is to be kind. The second is to be kind. The third is to be kind."

Henry James  
Noted British author

KEEP  
KINDNESS  
IN YOUR

LIFE

“No act of kindness,  
however small,  
is wasted.”

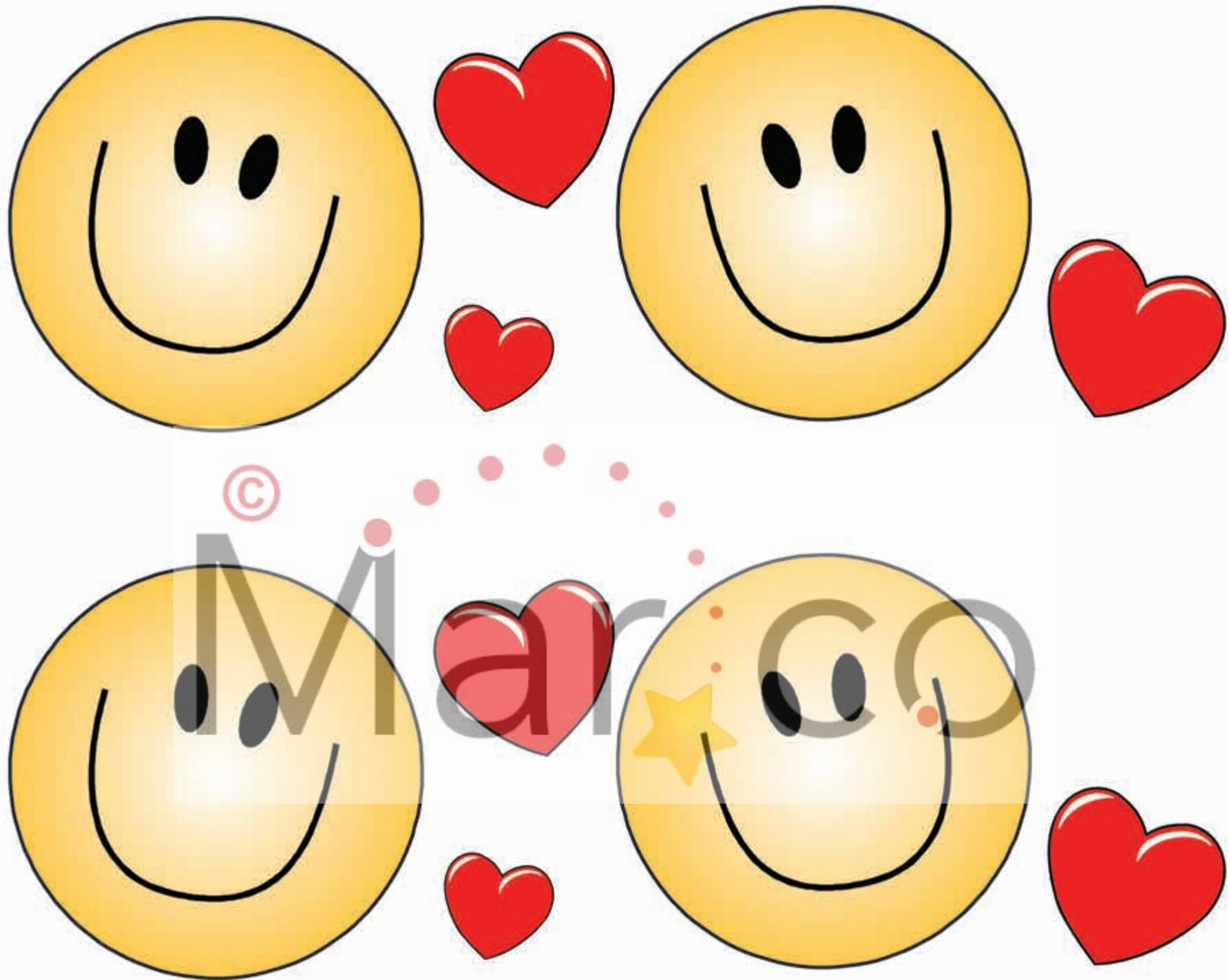
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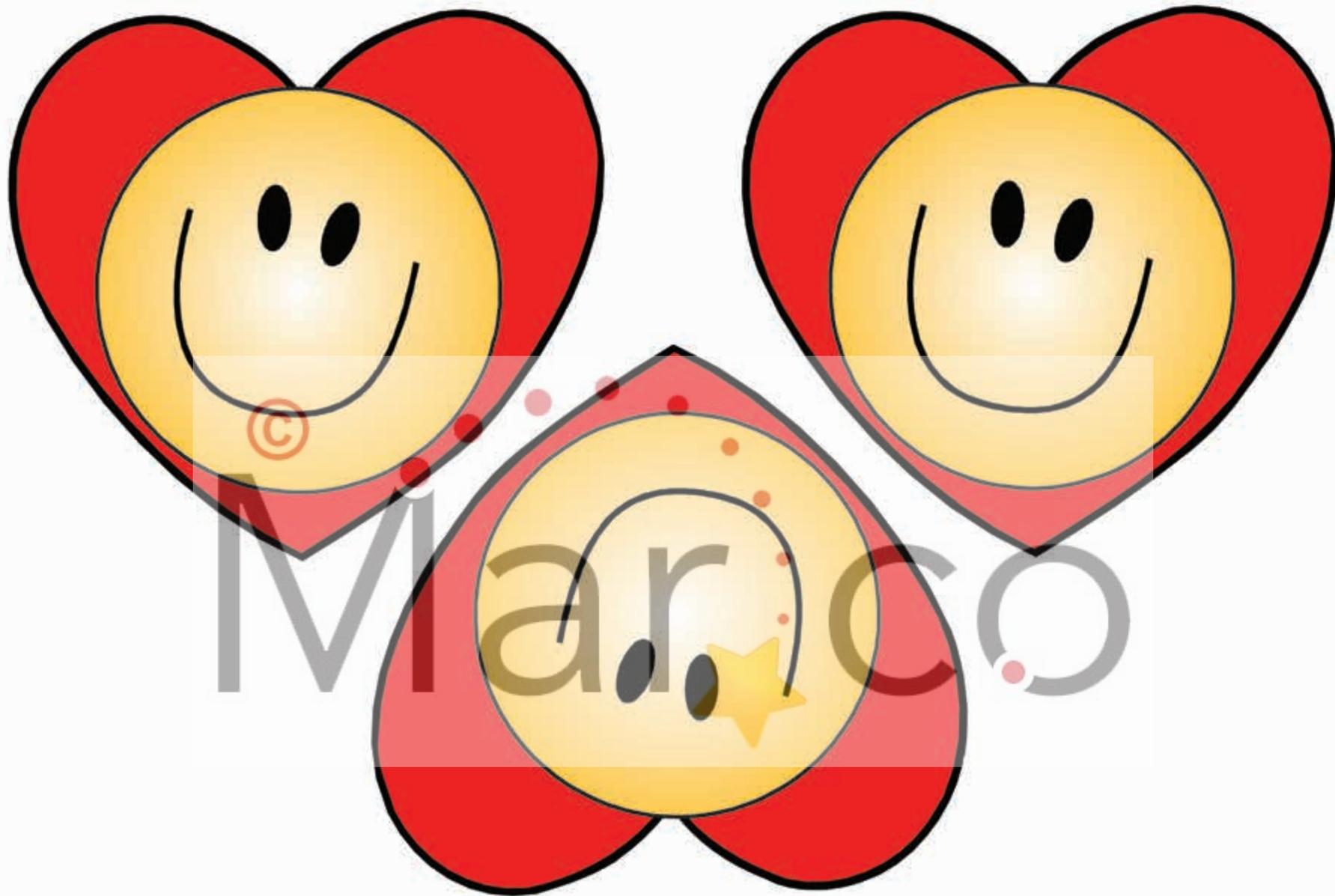
Aesop

Ancient Greek storyteller

“Acts of kindness  
can brighten  
the darkest day.”

Unknown







KEEP



KINDNESS

Mario

IN YOUR

