



Big Tweens. Lil Tweens

A Peer Mentoring Guide
For Preteen Girls



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Mar*co PRODUCTS, INC.

Big Tweens Lil Tweens

A Peer Mentoring Guide for Preteen Girls.

Softcover ISBN: 978-1-57543-314-1

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Published by Mar*co Products, Inc.
1443 Old York Road
Warminster, PA 18974
1-800-448-2197
www.marcoproducts.com



Graphic images © 123rf.com

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PRINTED IN THE U.S.A.

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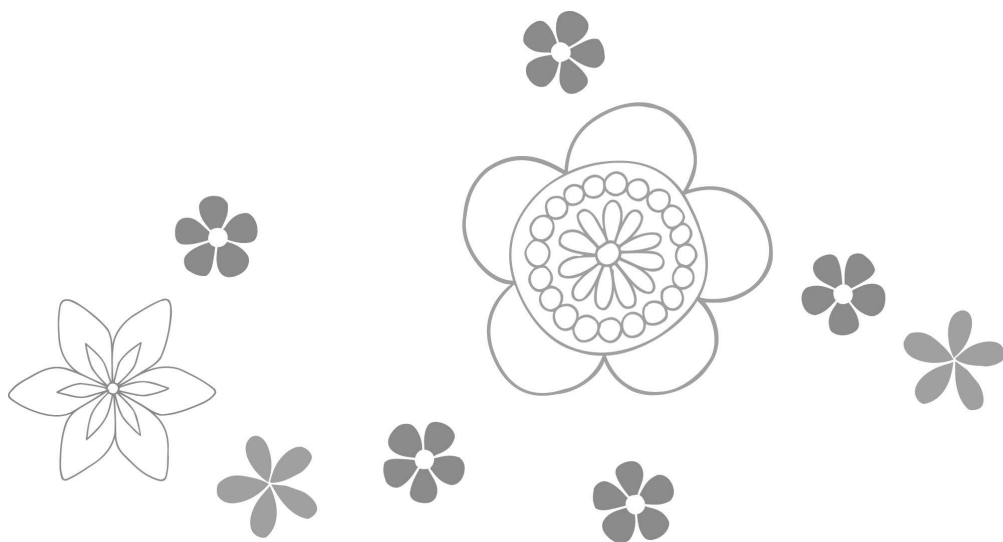
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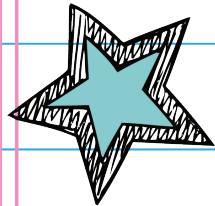

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Big Tweens
Lil Tweens
MOTTO

SUPER



TALENTED,
WORTHY,
EDUCATED,
ENERGETIC, &
NOTICEABLE.



I AM A
TERRIFIC
TWEEN!

Activity:

Give each group member her folder and a copy of the *Defining Who You Are Sample* and *Defining Who You Are* handouts.

Have the group members open their folders and recite the *Big Tweens Lil Tweens Motto*:

*I am super ... talented, noticeable, worthy, educated, and energetic.
I am a terrific tween!*

Then say:

Today, you are going to participate in an activity using the letters of your first name to describe positive character traits you possess.

Let's look at the Defining Who You Are Sample to get a better understanding of the activity. (Review the sample and answer any questions.)

Big tweens, please help the lil tweens with this activity and provide guidance if needed.

When it is clear that the group members understand the directions, tell them how much time they have to complete the handout.

Conclusion:

Conclude the session by having the group members share what they wrote on their *Defining Who You Are* handouts, then place both handouts in their folders.

Collect the group members' folders.

After the group members have returned to their classes, review the handouts placed in their folders.



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Big Tweens

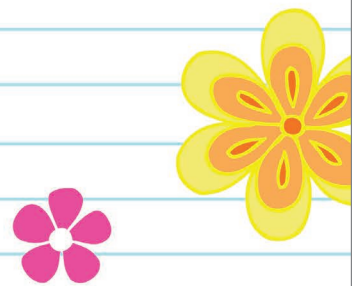
Group Evaluation

NAME:

DATE:

- | | | |
|---|------------------------------|-----------------------------|
| 1. Did you look forward to coming to this group? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 2. Did you form any new friendships by participating in this group? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 3. Did you feel that you were listened to in this group? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 4. Did you form a bond with your lil tween during group? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 5. Did you feel encouraged by anyone to help a lil tween? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 6. Was it difficult to make up work you missed by coming to group? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 7. Would you like to participate in another group? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 8. Would you recommend being big tween to other girls? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

ADDITIONAL COMMENTS:



Thank you!