

> Cope

> Prevent

Grades 3 - 4

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Foreword

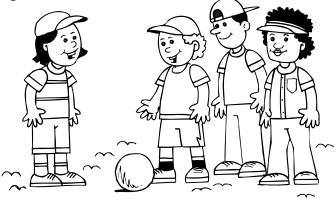
Bullying has been likened by some commentators to lifestyle physical ailments prevalent in modern society, such as obesity, smoking-related disease, heart disease and even skin cancers. The "likeness" is that, in a majority of cases, adequate and appropriate preventive measures will stop the condition from arising altogether. All too often, bullying is treated as a condition only after it manifests itself, rather than pre-emptively, before it actually arises.

Bullying is a complex issue. It requires an ongoing education of students to develop skills and strategies to allow them to IDENTIFY, COPE with and, ultimately, PREVENT bullying from occurring.

This series provides developmental activities to promote positive attitudes in students, forestalling the development of injurious, bullying behavior.

Titles in this series:

Bullying, Grades 3–4 **Bullying**, Grades 5–6 **Bullying**, Grades 7–8



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Everyone Should Feel Safe

Teacher's Notes 🕏

Indicator

Understands that bullying can cause someone to be hurt and everyone has a right to feel safe.

Teacher Information

Physical bullying such as pushing, hitting, tripping, pinching, or spitting can cause someone to get hurt. It may be unintentional, but the possible consequences should be discussed with students.

Discussion Points

- 1. What is happening in the picture? What do you think could happen next?
- 2. Is it wrong to push someone? Is it bullying? When can it be bullying?
- 3. What should happen to the boy pushing in the picture?
- 4. Has something like this happened to you?

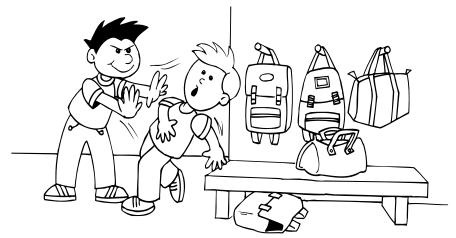
Did You Know?

Physical bullying declines with age, but indirect bullying such as exclusion from groups increases.

Everyone Should Feel Safe

Everyone has the right to feel safe.

(a) What is happening in this picture?_______



(b) What do you think could happen next?

(c) What do you think should happen to the person pushing?

Bullying can include pushing, hitting, spitting, tripping, or pinching.

2 Draw and write about a type of bullying you have seen or which has happened to you.

