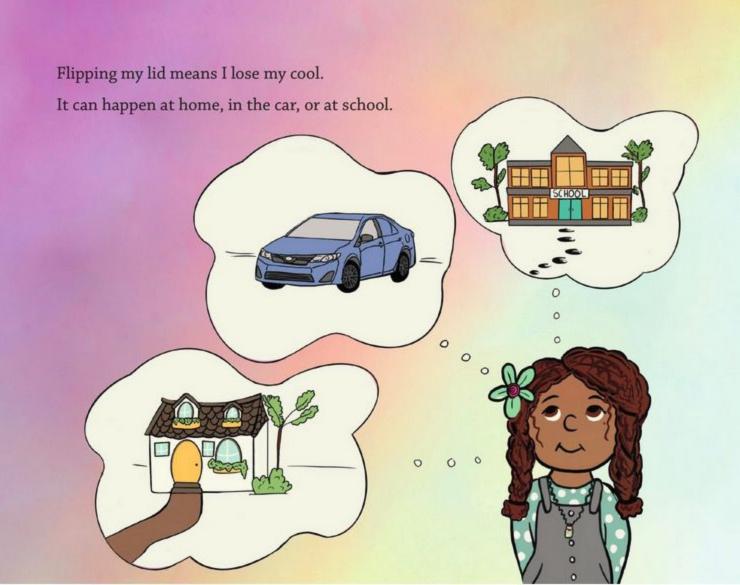
Hi, I'm Maysie, and I'm a calm, cool kid.



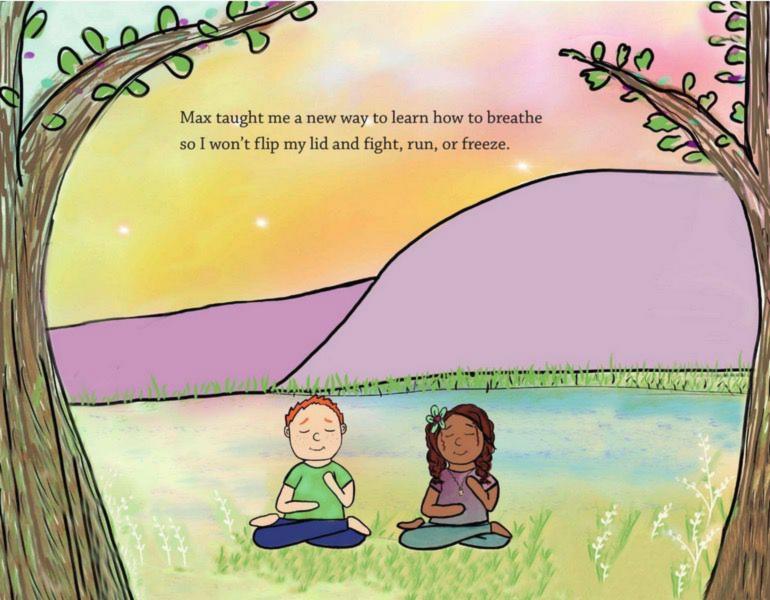




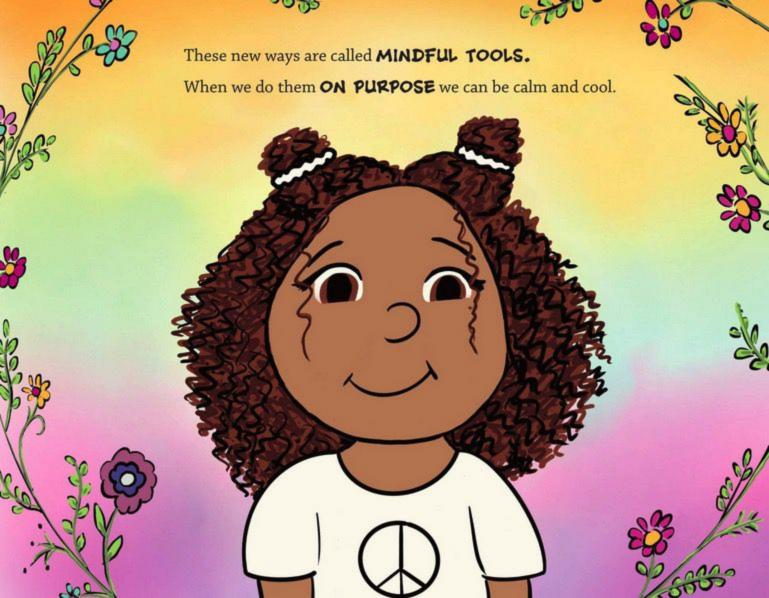
I have two friends—Grace and Max.

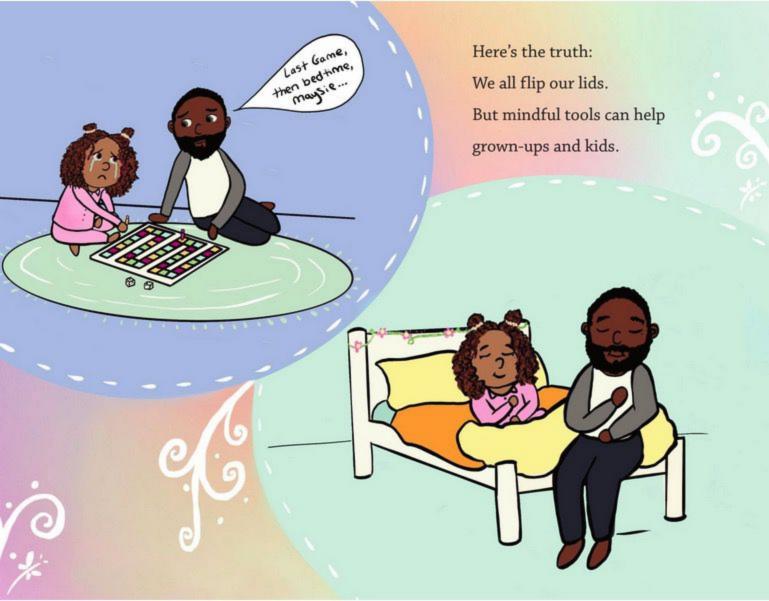
They know lots of ways to be calm and relaxed.

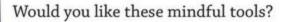












So you can **CHOOSE ON PURPOSE** to be calm and cool?

Keep on reading and you will see how easy mindful tools can be.

