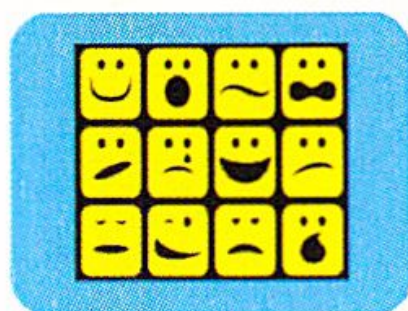
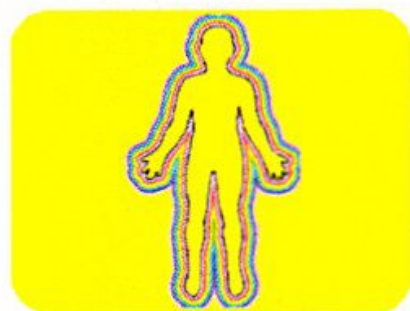


Trauma Reaction Cards

For Children & Adolescents



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www.childswork.com

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The Trauma Reaction Cards are a therapeutic tool to assist children and adolescents in understanding and identifying their reactions to traumatic or stressful life experiences. These colorful and illustrated cards are categorized into the four domains of trauma reactions: Behavior Reactions, Body Reactions, Brain & Thinking Reactions, and Feelings Reactions.

To be used by qualified professionals only.

SUGGESTED USE: Incorporate into the beginning phase of treatment when exploring and providing psychoeducation about trauma. Introduce each card as clinically appropriate and assist the youth in identifying whether they have experienced the trauma reaction on the card. Once all cards have been reviewed and trauma reactions identified, check off the endorsed trauma reactions on the Trauma Reaction Card Checklist. Tailor treatment to reduce the endorsed post traumatic reactions identified by the youth. (over)

(Cont'd.) Use the enclosed blank cards to create new cards if needed. Review throughout treatment to monitor for change or progress. Can also be used to assist caregivers in identifying and understanding their child's trauma reactions.

For more information or to download the
Trauma Reaction Card Checklist go to:

www.childswork.com